

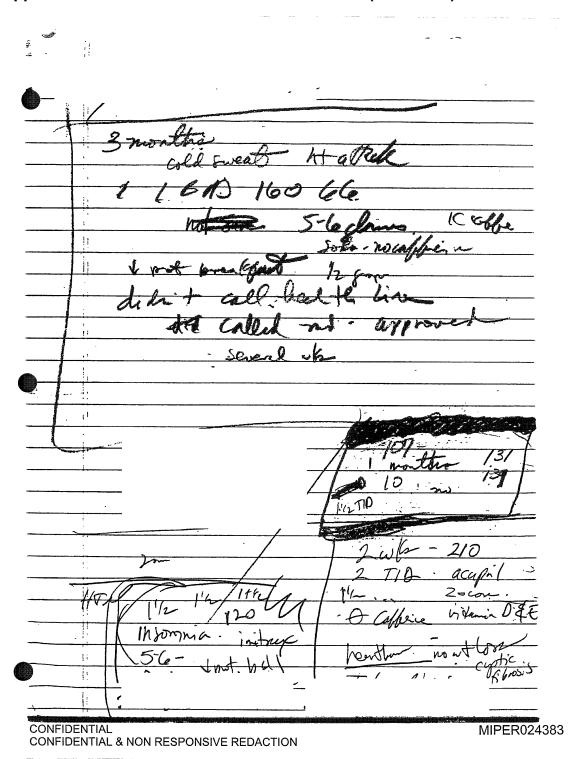
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	HEALTH INFORMATION	N CALL DOCUMENTATION			
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	Name_ Chief complaint_ Head	AgeWeight_	Phone#_		
*	#of caps qd Meals/snacks	Timing	D		
Work	Water intake Medications Exercise	Caffeine intake Medical history/sim Other pertinent info	ilar symptoms		
J.	Recommendations .				
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	HEALTH INFORMATION CALL DOCUMENTATION	, -
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HEALTH INFORMATION CALL DOCUMENTATION CONFIDENTIAL MIPER024711

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Name . Phone	ر ۱۶ ا [:]	Chief Com	plaint
Age 7.3	35#	No Weight Loss Underdosing Dehydration	Med. Conflict Other
		Side Effects Jitteriness/Nervousn Cramping Other	— a
Medical History	6mos- Strok	Other iost week -	aid Multuany.
Conclusion/Recom			
Current Dosage 6	/ _D	Recommended D	osage
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Glenda Aspholm

From

Sent:

Monday, April 27, 1998 6:39 PM

To: Subject: info@metabolife.com Medical Complication

Importance:

High

At 4:30 am on 4/27/98 my wife had a grand mal seizure. After admission to the emergency room of a near by hospital and several test the doctors came to the conclusion that your product was the only likely factor since she had no history of seizures or head injuries. I cannot stress enough the fear I experienced from her sudden convulsions that awakened me in the early morning hours, for I was sure she was experiencing a fatal stroke or cerebral hemorrhage. Another alarming revolation at the hospital was that Metabolife showed up as an amphetamine in her urinalysis. Please help us by providing any detailed testing on your product and any know side effects that have been reported, especially any similar to our experience. I'm am well aware of the legality of your product so please don't hide behind this, help us, her experience could occur again.

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I took your products

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COUMADIN

PAILY

STROKE - APRIL

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in on + 2/3 wks

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- client had a stroke-

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Appendix 2. Metabolife Serious Adverse Events (continued) HOD STROKE > MET,

CONFIDENTIAL & NON RESPONSIVE REDACTION

CONNOR ACCIANI & LEVY O'Connor, Acciani & Levy

Attorneys at Law

Suite 1100 American Building 30 East Central Parkway Cincinnati, Ohio 45202

Telephone: 513-241-7111 Fax: 513-241-7197

November 30, 1999

Metabolife International, Inc. 5070 Santa Fe St. San Diego, CA 92109 Attn.: Risk Management

RE: Our Client:

Date of Loss:

9-2-99

Dear Sir/Madam:

Please be advised that the undersigned has been retained to represent the interest of was injured on 9-2-99 when she suffered a rare stroke which is attributed to the ingredients in your product of which she was not warned..

Please have either your authorized legal representative or insurance carrier contact me at their earliest convenience to discuss this situation.

> Sincerely yours, O'CONNOR, ACCIANI & LEVY

Jun L Hardin

JLH/jj cc:

CONFIDENTIAL

MIPER025521

Henry D. Acciani Michael P. O'Connor Barry D. Levy Fic P. Alleny Eric P. Alleny Dennis C. Mahoney Carrie L. Budinger Marissa L. Godby Jim L. Hardin Michael A. O'Hara* Elizabeth M. Zucker Scott A. Greiner Jon J. Lieberman* Lynn A. Lape Cliff G. Linn** Tammy D. Gifford

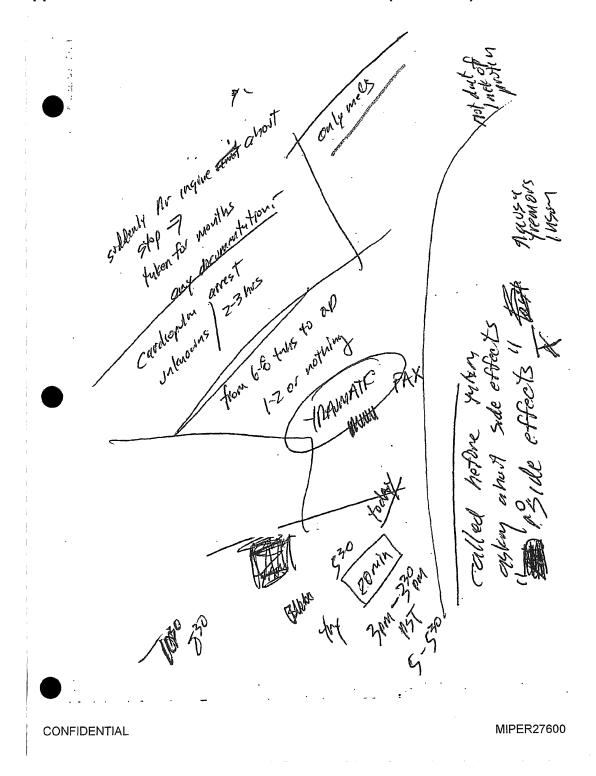
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Monday, July 06, 1998 3:39 PM 'toxinfo@aol.com' To: Subject: FW: Possible side effect/seizure Mike: Per our conversation, Mike Ellis agrees that we need to assemble the same type of response as we developed in the seizure case. I will call you tomorrow @ 9 am in your hotel: (John --Original Message John Macaulay From: Monday, July 06, 1998 10:34 AM Bob Bradley; Michael Blevins; Mike Ellis; Larry Miller Sent: To: FW: Possible side effect/seizure Subject: Gentlemen: , an ER physician with the University of I have conferred with Dr. I have conterred with Dr. Hospital, who is treating a patient who suffered a seizure. Dan Rodriguez in our department originally fielded this call. Apparently the woman was taking Metabolife 356 and this physician is convinced that the ephedrine's lampetamine-like effect caused this woman's seizure. Also he has some confusion concerning tableting agent Methocel misinterpreting it as Methamphetamine. She definitely suffered a seizure based upon the EEG tracings showing severe generalized slowing. It is my feeling that she had a preexisting condition that predisposed better the seizure. The EEI checking of the predisposed her to this seizure. The ER physician does not share my views on this in spite of the patient having no previous EEG tracing record history to prove this point. Perhaps it would be prudent to enlist the help of Mike Scott/Dr. Dash to interface with the physician to prevent this from

5070 SANTA FE STREET • SAN DIEGO, CA 92109 • TEL (619) 490-5222 • FAX (619)

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Appendix 2. Metabolife Serious Adverse Events (continued)

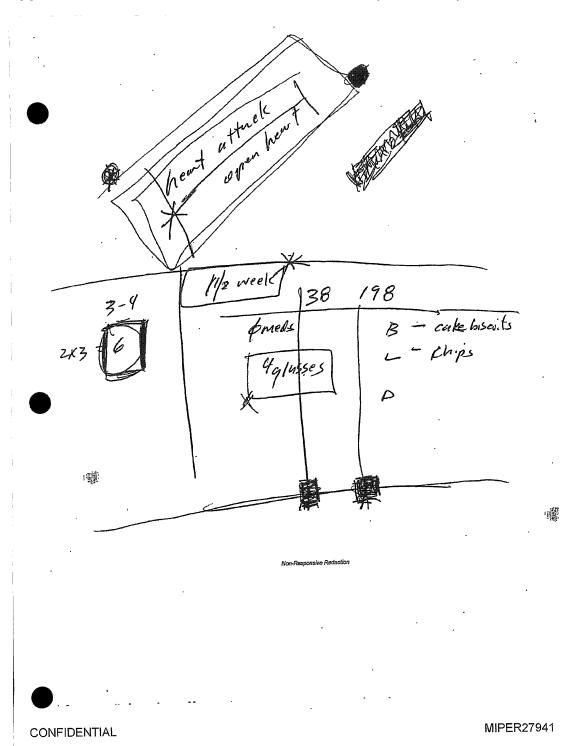


HEALTH INFORMATION CAL	T DOCUME	NTATION			
DATE	D DOCUME.	**********		•	
Name	Age	Weight	Phone#	Brain	bleelig?
Chief complaint Disk					
#of caps qd	Timing		.Dur	ation	
Meals/snacks					
Water intake	Caffeine	intake			
Medications	Medical	history/similar	rsymptoms		
Exercise // /3/		rtinent info			
Recommendations Uli	ごからひ				
Recommendations C41	- // >//			•	

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HEALTH INFORMATION CALL DOCUMENTATION Non-Resp	onsive Redaction
Non-Responsive Reduction	ction
Non-Responsive Redaction	
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Non-Responsive Redaction Name: Non-Responsive Redaction Name: Wt: Ht.: Ph#	•
CC: 997 - HAD STECKE	
Current Dose: Suggested Dose: Med. Hx:	
Recommendation:	
	•
Non-Responsive Redaction	
CONFIDENTIAL	MIPER27791
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Appendix 2. Metabolife Serious Adverse Events (continued)



8/24/99 voice wail from dists.
0930

customer came in don 4 more bottles 4 neutined that his eight hap "heat attack" for which MD says that vegroniable.

Customer is

dist. reports they are repeat autoren and were given 12 property info repeating how to safely take Met."

0935 8/24 - msg an Morh

ONFIDENTIAL

NON-RESPONSIVE REDACTION

This is an e-mail I just received today via an internet server for rehal dietitions. Metabolite Thought you would be interested in it as well ... Subi: Date: 8/10/99 11:35:05 PM Eastern Daylight Time From: Sender. Reply-to: To: ! Yesterday one of our ESRD on HD pts was admitted to the ICU with n/o Yesterday one of our ESRU of his pis was admitted to the LOW with his seizures. It was discovered that he was taking Metabolite. Per the lable it contains: Magnesium, Zinc, Chromium, Guaarana Concentrate (seed), Ma Huang Concentrate, Bee Pollen, Ginseng (root), Ginger (root), Lecithin, Bovine Complex, Damiana (leaf), Safsaparilla (root), Golden Seal (arial part), Nettles (leaf), Gotu Kola (arial part), Spirulina Algae, and Royal Jelly. Is anyone familiar with these herbs? Would any of them cause seizures? Return-Path: Received: from Received: from нае, 10 Aug 1999 23:34:51 -0400 Received: by · for From: Received: Message-ID: <69183aa1.24e246a1@aoi.com> Date: Tue, 10 Aug 1999 23:23:13 EDT Subject: Metabolite MIME-Version: 1.0 Content-Type: text/plain; charset="us-ascii" Content-Transfer-Encoding: 7bit X-Mailer: AOL 2.7 for Mac sub 3 Content-Transfer-Encoding: 7bit Sender: Precedence: bulk Content-Transfer-Encoding: 7bit Wednesday, August 11, 1999 America Online: Guest DNFIDENTIAL

NON-RESPONSIVE REDACTION

5,53 yr. Oldfernale reports" had a stroke from metabolife.lwas on it since 1 yr. Ago last Aug.. MY DR. said it was due to the met. "WT.228bs. Weight-228 lbs 1yr. Ago, nov 198bls. Customer stated she was a Diabetic when she started met

long comments:

and her Dr. agreed to supervise her on it.NO hx of hypertension,both parents died of heart attacks.On Glochophage and Glucotrol,no other meds.Costomer states "lwas doing well for the first few mos.The Dr. was checking my Bp and it was o.k..2 mos. Ag

long comments:

o ,lstarted gaining weight and my blood sugar started going up.1 was checking it at home and it went up to 168-180.1 was just going to stop taking it when I started having tingling in my rt. Hand and one side of my mouth. I called the DR. went to

E.R. My bp was223/123, I got some medicine and they sent me home. I got worse and was taken to the university hospital. They did a cart scan and M.R.I.The DR. Said it showed I had A minor stroke." Reports being in hospital 5 days.Residual effects-no

paralysis, Speech not affected, experienced tingling in mouth and mild weakness Rt. Hand. Customer relayed facts in a low key manner. I told her we would be in touch with her.

ONFIDENTIAL NON-RESPONSIVE REDACTION

thalth

May 1,2001 Dear Sun; This is the second letter of have Written, I have since called and was told the supervision was out so call Back, I called Back But Dan never public up on his line. In notice an Colling again. In August 1999, my hune BY MAIL ROOM of wheel a Booth that sold only metabolife, my hunband + I Purchand it. my hunband took it maybe 5 days them he just quit. I continued to take it. In Oct of 1999 I had a Stude, It was Oct, 18, 1999. Oct the time of war 57 years all of did not have high blood Pressure & my level was fine. Then suddenly I had a stude. The ful of now. I tried to so Back to work but s had a hand time, So in Jan 2000 I guil Work 2 took time off to recover. I had a hard time + I took off for one year. When I wrote to you

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NON-RESPONSIVE REDACTION

Thatabolife: Dris settle is to injoen you that on

2-19-01 me and my daughter took a trip to surarkana, ark.

to rist my stre. my directed so with the wife with the wife (Met.)

because of it suppositly to be all satural + My daughter

is 20 yars old brot because of all the things you hear about dist pile. I would nuce allow

sur to take anything + and I myay out sur on mutabolist,

4 pills a day, not with the full dod ! she nearly died after garg into suural sujise

and competely sopped breathing! We shought he would die befole a ambulance sam appeal they

immediantly landed her and took is onto Christico St. micraelo Ebopital in Deparkam

asso. It was determined that

the cause. as her doctor reported to me if he had

vien using the quil dost she may not a supulied. I am still very upost met this matter,

this is the scord little still

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NON-RESPONSIVE REDACTION

	- Caller Info				
First Name Re	dacted	AGE(years) 17	Current Dose	0 Times per daj 0 SD Times per	
Last Name Re	dacted H	WT(LBS) 0. T(INCHES) 0 TI	Suggested Dose ME ON METABOLIFE	0 UNITS	
<i>USER</i> dan	•	D/C met use	Chinac formula	formula	
	/20 Time 1:40:06	P Refund Policy Revi	ewed 356+Chinac		
Abdominal Pain		Dizziness	☐ Irregular Heartbea		Pregnancy on BCP
Abnorm Lab Values		Dry Mouth	Irritability		Prupitis
Acne		Edema	Joint Pain	=	Psychosis
Addiction		Elevated Liver Functions	Joint Stiffness- Ge	=	Rash
Anesthesia Complic		Excitation	Joint Stiffness - Lo	_	Seizure Sexual Disfunction
Anxiety		Eye Twitching	☐ Joint Swelling - G ☐ Joint Swelling - L	=	Shortness of Breath
☐ Back Pain ☐ Bloating/Gas		Facial Swelling Fatigue	Kidney Stones		Stroke
☐ Blood in Stool		Fever	Liver Enzyme Ele	vation \Box	Sweating
Blood in Urine		Fluid Retention	Menstrual Irregula		Tachycardia
☐ Breast Pain		Glaucoma	☐ Mood Swings		Tingling Hands
Briusing		Hair Loss	Muscle Cramps -		Tinnitis
Chest Pain		Headache	Muscle Cramps -		Tremors
Chills		Heart Burn	Myocardial Infarc		Urinary Infection Urine Retention
Cold Hands		High Blood Pressure	☐ Nausea		Vasodilation
Constipation		Hives	☐ NoseBleeds ☐ Numbness		Vision Disturbance
Cough		Hypertension	Palpitations		Vomiting
Death Diarrhea		Hypoglycemia Insomnia	Parestrsias		Yeast Infection
		413O111114		_	No Weight Loss/Gain
Other/Comments:				_	140 Acidin Tossi Calii
Medical Release Fo	orm Sent	Customer Denies any other	r signs or Symptoms		
Long Comments: mother reported dtr w	rās in hosp for dehyd.	C/o grocer was selling 356	o minors. Letter sent to grocer. P	noned of letter.	
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irst Name Redacted	<i>WT(LBS</i>) 0	Current Dose 1 Suggested Dose 0	Times per day qd SD Times per day
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ecommendations Current Water ntake oz <u>Caffeins</u> 2 0	Increase Imake Current Diet Water	High Protein Other Recommendations	
Ok to call back	☐ Do not call back ☐ Customer U	nderstand Recommendati 🔲 Eat w/10	min to Ihr
Usage Guidelines Sent		Call Meta PR Ate Afte	r Ihr Did Not Ea
ledical History			
	lical History	Comments Customer claimed she had a hear	t attack 2 hours after taking M356. Was
one den	ies any health problem	experiencing shortness of	•
		breath and passed out.	
Abdominal Pain	✓ Dizziness	Irregular Heartbeat	Pregnancy on BCP
Abnorm Lab Values	Dry Mouth	☐ Irritability	☐ Prupitis
Acne	☐ Edema	Joint Pain	Psychosis
Addiction	Blevated Liver Functions	Joint Stiffness- General	Rash
Anesthesia Complication	Excitation	Joint Stiffness - Local	Seizure
Anxiety	Bye Twitching	Joint Swelling - General	Sexual Disfunction
Back Pain	Facial Swelling	Joint Swelling - Local	✓ Shortness of Breath
Bloating/Gas	☐ Fatigue	Kidney Stones	Stroke
Blood in Stool	Fever	Liver Enzyme Elevation	Sweating
Blood in Urine	Fluid Retention	Menstrual Irregularity	☐ Tachycardia
Breast Pain	Glaucoma	Mood Swings	Tingling Hands
Briusing	Hair Loss	Muscle Cramps -General	Tinnitis
Chest Pain	Headache	Muscle Cramps - Leg	☐ Tremors
Chills	Heart Burn	Myocardial Infarction	Urinary Infection
Cold Hands	High Blood Pressure	Nausca	Urine Retention
Constination	Hives	NoseBleeds	☐ Vasodilation
Cough	Hypertension	Numbness	
Death	Hypoglycemia	Palpitations	☐ Vomiting
Diamhea	Insomnia	Parestrsias	Yeast Infection
			Class Wilde Land Colo
Other/Comments:			No Weight Loss/Gain
Other/Comments: Medical Release Form Se	mt ✓ Customer Denies any other signs	Comment	☐ No Weight Loss/Gain

CONFIDENTIAL NON-RESPONSIVE REDACTION

Address Information Address Intermediate Address Intermediate Redacted Redacte	Date 2/28/20 Time 12/20:18 Refamil Policy Reviewed 356 + Chinac	Date 2/28/20 Time 12:02:18 Refund Policy Reviewed 336+Chinac	Date 2/28/20 Time 12:02:18 Refund Policy Reviewed 356+Chinac		day MONTHS	er day es per day	SD Times UNITS	0 0 2		Dose	Current Suggested METABO	TIME O	33 140 67	GE(years) WT(LBS) NCHES)		ted ted	Redac	rst Name ast Name	
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Other/Comments: Medical Release Form Sent	Customer Denies any other	signs or Symptoms	☐ 140 weight Dos Jain

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Abdominal:	Pain	Dizziness			Irregular Hearti	eat	. п	Pregnancy on BCP
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Addiction		Elevated L	iver Functions		Joint Stiffness-	General		Rash
_	Complication	Excitation			☐ Joint Stiffness	- Local		Seizure
Anxiety		Eye Twitch	ing		☐ Joint Swelling	General		Sexual Disfunction
Back Pain		Facial Swe	lling		☐ Joint Swelling	- Local		Shortness of Breath
Bloating/Ga		Fatigue			☐ Kidney Stones		\checkmark	Stroke
Blood in Sto		Fever			Liver Enzyme l	Elevation		Sweating
Blood in Un	ine	Fluid Reter	ntion		☐ Menstrual Irreg	ularity		Tachycardia
Breast Pain		Glaucoma			☐ Mood Swings			Tingling Hands
Briusing		☐ Hair Loss			Muscle Cramps	General		Tinnitis
Chest Pain		Headache			Muscle Cramps	- Leg		Tremors
Chills		Heart Burn			Myocardial Inf	arction		Urinary Infection
Cold Hands		High Blood	l Pressure		Nausca			Urine Retention
Constipation	1	☐ Hives			☐ NoseBleeds			Vasodilation
Cough		☐ Hypertensi	on		□ Numbness			Vision Disturbance
Death		☐ Hypoglyce:	mia		Palpitations			Vomiting
Diarrhea		☐ Insomnia			Parestrsias			Yeast Infection
ther/Commen	nts:							No Weight Loss/Gain
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CONFIDENTIAL NON-RESPONSIVE REDACTION

First Name Redacted Last Name Redacted	AGE(years) 0 WT(LBS) 0 HT(INCHES) 0 TIME 0		Times per day SD Times per day UNITS
USER cela Date 8/6/200 Time	D/C met use 12:04:32 Refund Policy Reviewed		formula
Recommendations <u>Current Water</u> <u>Intake oz</u> 0 <u>Caffeine Intake</u>	Increas <u>Current Dict</u>	Other Recommendations use caution with any epi product	
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Abdominal Pain Abnorm Lab Values Acne Addiction Anesthesia Complication Anxiety Back Pain Bloating/Gas Blood in Stool Blood in Urine Breast Pain Briusing Chest Pain Chills Cold Hands Constipation Cough Death Diarrhea Other/Comments:	Dizziness Dry Mouth Edema Elevated Liver Functions Excitation Eye Twitching Facial Swelling Fatigue Fever Fluid Retention Glaucoma Hair Loss Headache Heart Burn High Blood Pressure Hives Hypertension Hypoglycemia Insomnia	Irregular Heartbeat Irritability Joint Pain Joint Stiffness- General Joint Stiffness- Local Joint Swelling - General Joint Swelling - Local Kidney Stones Liver Enzyme Elevation Menstrual Irregularity Mood Swings Muscle Cramps - General Muscle Cramps - General Muscle Cramps - General Muscle Cramps - Beneral Muscle Cramps - Papitation Nausea NoseBleeds Numbness Palpitations Parestrsias	Pregnancy on BCP Prupitis Psychosis Rash Seizure Sexual Disfunction Shortness of Breath Stroke Sweating Tachycardia Tingling Hands Tinnitis Tremors Urinary Infection Urine Retention Vasodilation Vision Disturbance Vomiting Yeast Infection No Weight Loss/Gain
Medical Release Form Sent	Customer Denies any other signs	s or Symptoms	•
Long Comments: in feb 2001 had taken 2 tabs bid for shoulder during seizure. States she several years ago.	5 days - states she had a seizure. Told i had not had a seizure before, but did ha	in er that her heart rate and b/p were als ve a head injury s	io increased. States she shattered

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NON-RESPONSIVE REDACTION

Last Name	Redacted Redacted	AGE(years) WT(LBS) HT(INCHES)	59 218 62 <i>TI</i> A	Current Dose Suggested Dose IE ON METABOLIFE	1 0 3	Times per day SD Times per day UNITS	MONTHS
USER Date	romana 11/8/20 <i>Time</i>		C met use fund Policy Revie	Chinac forms wed S 356+Chinac	ila 🗌	formula	
Testimonial Info	ormation						
Driginal weight	Weight loss	Time to lose	weight	Comments			
230	12	3 months		she loves the M356 would advised to d/c	ike to cont,	MD	
Recommendation Current Water Intake oz 8	ns <u>Caffeine Intake</u> 0	2 <u>Current Diet</u> 3 meals	Wa	☐ ☐ customer	requests re	fund , doesn't like e	ffect
Ok to call ba Usage Guide		Do not call back Declined Usage Guidli.		ner Understand Recommendati ner to Call Meta PR			l Not Ea
<i>Medical History</i> Medications none	<u>Medical His</u> denies any	story health problem		<u>Comments</u> Customer claimed sh	e had strok	ce, went to the hospi	ital, doctor advised her
				d/c the product.			
				d/c the product. Requesting for refun			
Abdominal I	Pain	Dizziness		Requesting for refun	i.		mancy on BCP
		Dizziness	1	· ·	i.		mancy on BCP
Abnorm Lab		☐ Dizziness ☐ Dry Mouti	1	Requesting for refun	i.	Preg	mancy on BCP
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Other/Comments:							☐ No Weight Loss/Gain
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Page 1 of 3

From:
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Page 1 of 3

From:
To:

REDACTED

Date: Thursday, May 20, 1999 8:41 AM
Subject: Fw: MetaboLife - Weight Loss product warning

Subj: MetaboLife - Weight Loss product warning Date: 5/13/99 7:13:58 PM Central Daylight Time

Hello Friends,

I wanted to write an addendum to this to let you know that just this week, post their second patient with cardiac arrest who was using MetaboLife. She was without a pulse for 16 minutes. She is currently in critical condition at REDACTED This information comes from AREDACTED who is a nurse at REDACTED and who has a mutual friend of the young woman who is in critical condition. MetaboLife contains the active ingredient Ma Huang, which is a central nervous system stimulant. When ingested on a regular basis it can cause elevated heart rate and blood pressure, ultimately resulting in cardiac arrhythmias and arrest. It is marketed as a weight-loss product - what a way to lose, perhaps even your life!

Trust Shaklee not to market anything like this product, even though there are those ready to put this kind of stuff into their bodies, not realizing the danger. Herbal products are unregulated in this country. I personally rely on Shaklee's impeccable research — if Shaklee doesn't make it, I don't take it, because I know there's a good reason why they don't!



5/21/99

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